

The Four Priorities Chapter 10

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Facilitator Guide by Reclamation Church

Chapter 10: Mental Assets – Importance of Influences

Note: The timelines below are only a guide, as well as the questions to ask. Make this your own and go where the Holy Spirit leads you. Take your time and, when needed, break this chapter into several meetings.

**Open
(10 min.)**

Spend a few minutes each week catching up with one another, then share prayer requests.

Do: Open in prayer.

**Recap
(2 min.)**

Do: Briefly give a summary of your meeting last week.

- Sin can bring about destructive consequences to ourselves and others.
- We discussed that the Old Testament Tabernacle was cleansed by blood, to ceremonially cleanse it and to confirm God's covenant with His people.
- This was only a shadow of what Christ's blood would do for the world by bringing forgiveness of sin to all who trust in Him. The true Tabernacle is in the throne room of God in heaven.
- Believers are called the temple of God, because the Holy Spirit comes to dwell inside of believers. He makes His home within us. We defile him and our bodies when we do not keep ourselves pure and holy.
- Sex is a gift from God to the married husband and wife, which is a picture of the unity of believers under the headship of Christ, and of God the Father unified with the Son.
- We learned strategies for sexual purity as well as guarding our minds.

Ask: What did you think about differently this past week regarding these topics? What plans have you made (or do you need to make) to keep yourself pure? (Consider sharing some of your own thoughts.)



**Transformed
mind, pgs. 101-
104 (20 min)**

Do: Discuss your findings from the two questions found on pages 101-104:

- How the mind affects our spiritual development. (The mind can be a battleground with positive and negative outcomes. We must guard it against the patterns of the world and renew our minds by having right thinking led by the word of God.)
- How a transformed mind thinks differently from this world. (There are “marks” of the Christian mind that show we are thinking like Christ. Discuss these.)

**Positive and
negative
influences, pgs.
104-107
(30 min)**

Do: Discuss your findings from the two questions found on pages 104-107:

Say: At the bottom of page 106, the author gives five strategies for helping to restructure the way we think.

- Strategy 1: How can you practically take every thought captive? Part of taking these invasive thoughts captive is recognizing when they typically occur, stopping them in their tracks, and replacing them. (Share examples of how you might have struggled with this and what has been helpful to you.)
- Strategy 2: What condemning thoughts play in your mind that you need to release? (share)
- Strategy 3: How have you relied on God’s power to help you in the past?
Have you considered relying on this same power to help you with your current thoughts? (share)
- Strategy 4: How can you begin or continue to renew your thoughts through “meditating on”/chewing on the word of God? (share)
- Strategy 5: As you think on the positive, transforming things of Christ, have you noticed a difference?
Have you considered memorizing scripture or posting positive scriptures around you? (share)

**Take Action
(30 min.)**

Read through and discuss the questions at the end of the chapter.

Next week, we'll discuss our heart attitude. Do we tend to gripe or show gratitude, and what is the outcome on our minds, hearts, and behaviors?

**Close
(5 min.)**

Homework: Read Chapter 11 (and referenced scriptures in the Bible) and come prepared with questions you might have from this chapter, as well as completing the end-of-chapter questions.

Close in prayer.