

February 22, 2026

Digging deeper: Hebrews 12:1-11 (Run the Race)

Slide 1 (8 min)

Re-read Hebrews 12:1.

- How have you personally experienced sin slowing you down in your walk of faith?
- What is/was this sin slowing you down from?
- What kind of race do you think God has set out specifically for you?

Slide 2: (10 min)

Re-read Hebrews 12:2-3.

- How has the negative treatment of *other believers* toward you made you weary?
- How does this impact the way you love them?
- What does it look like “to endure?”

Slide 3: (10 min)

- According to Hebrews 12:10-11, what is the goal?
- How does the Bible define “right living?” (see Micah 6:8, Colossians 3:10-17, 2 Peter 1:3-7)
- How is God’s discipline helping you in these areas?

Cathy's Observations

Slide 1 (8 min)

Re-read Hebrews 12:1

- How have you personally experienced sin slowing you down in your walk of faith?
(Letting it control me, rather than letting the Holy Spirit set me free from it; during that time, I was stagnant in my faith, even living like an unbeliever. What a waste of time.)
- What is/was this sin slowing you down from?
(having a successful growth and maturity in Christ and being effective with my testimony and witness)
- What kind of race do you think God has set out specifically for you?
(for me personally, to help others grow in their faith and service; to help unwind false teaching and misunderstanding of the scriptures)

Slide 2: (10 min)

Re-read Hebrews 12:2-3.

- How has the negative treatment of *other believers* toward you made you weary?
(It tests me to determine how I will respond. Negative treatment alone can make us become sad, depressed, non-responsive, or even angry...but that's not how God wants us to respond, especially to other believers.)
- How does this impact the way you love them? (It should be a testimony of God working through me to show love, patience, peace, kindness, etc., and that means I must rely on Christ for those traits.)
- What does it look like "to endure?" (To trust God and His plans; to wait on Him for guidance.)

Slide 3: (10 min)

- According to Hebrews 12:10-11, what is the goal?
(to share in God's holiness; have a harvest of right living)
- How does the Bible define "right living?" (see Micah 6:8, Colossians 3:10-17, 2 Peter 1:3-7)
(love mercy; walk with God humbly w/God; become more like Christ – mercy, kindness, humility, gentleness, patience, forgiveness, love, peace; moral excellence, self-control, godliness, brotherly affection.)
- How is God's discipline helping you in these areas? (In my circumstance, it is causing me to need to respond in love, despite their negative and harmful behavior. I need to rely on this provision from His Spirit.)